

# Important Contacts

Benefit	Contact	When to Contact
<b>Medical</b> - including Mental Health	UnitedHealthcare/Oxford 1-800-385-9055 <a href="http://Partnershipstateofct.welcometouhc.com">Partnershipstateofct.welcometouhc.com</a>  <a href="http://Oxfordhealth.com">Oxfordhealth.com</a>	<ul style="list-style-type: none"> <li>• To locate a network doctor or hospital</li> <li>• To check on the status of claims</li> <li>• To verify coverage</li> </ul>
<b>Prescription Drugs</b>	CVS Caremark 1-800-318-2572 <a href="http://www.caremark.com">www.caremark.com</a>	<ul style="list-style-type: none"> <li>• To locate network pharmacies</li> <li>• To fill or refill a prescription for maintenance drugs</li> <li>• To check on the status of claims</li> </ul>
<b>Dental</b>	CIGNA Dental 1-800-244-6224 <a href="http://www.mycigna.com">www.mycigna.com</a>	<ul style="list-style-type: none"> <li>• To pre-certify dental treatment plan</li> <li>• To locate a network provider</li> <li>• For information about your coverage</li> <li>• To check on the status of a claim</li> </ul>
<b>Flexible Spending Accounts</b>	<ul style="list-style-type: none"> <li>• Stirling Benefits, Inc.,</li> <li>• Phone: (800) 447-6689</li> <li>• Fax: (203) 877-9558</li> </ul>	<ul style="list-style-type: none"> <li>• To get your account balance</li> <li>• To find out if an expense is covered</li> <li>• To check on the status of a reimbursement</li> </ul>
<b>COBRA Continuation</b>	Benefits Administration Office Benefits Assistant – 203-977-4773 Benefits Manager – 203-977-4196	<ul style="list-style-type: none"> <li>• To get information on continuing benefits through COBRA</li> <li>• For questions about COBRA bills</li> </ul>
<b>Retirement Benefit – Administrators &amp; Teachers</b>	State of Connecticut – Teachers’ Retirement Board 1-800-504-1102 1-860-241-8413 <a href="http://www.state.ct.us/trb">www.state.ct.us/trb</a>	<ul style="list-style-type: none"> <li>• To obtain a copy of an Annual Statement of Benefits</li> <li>• To confirm credited service</li> <li>• To obtain a pension benefits estimate</li> <li>• For questions about the retirement Application process</li> </ul>
<b>Retirement Benefit – Educational Assistants &amp; Security Personnel</b>	City of Stamford Human Resources Department 203-977-4038 203-977-4074	<ul style="list-style-type: none"> <li>• For questions about the retirement</li> </ul>