

COVID-19 Daily Parent Checklist

Complete this COVID-19 Daily Parent Checklist for your child before attending school each day

1. Does your child have any of the following symptoms?

Fever more than 100 degrees Fahrenheit	Yes	No
Chills	Yes	No

If the student has a fever more than 100 degrees or feel feverish they should not report in-person until their fever has resolved for at least 24 hours without the use of fever reducing medication.

Cough	Yes	No
Shortness of breath or difficulty breathing	Yes	No
Fatigue	Yes	No
Muscle or body aches	Yes	No
Headache	Yes	No
New loss of taste or smell	Yes	No
Sore throat	Yes	No
Nasal congestion or runny nose	Yes	No
Nausea & Vomiting	Yes	No
Diarrhea	Yes	No

If you answered YES to any of the above questions and the student lives with a person who recently tested positive for COVID-19 within the past two weeks should stay home from school until the symptoms resolve and test for COVID-19.

If your child has not been exposed to COVID-19 see the Test- Mask- Go protocol in the Stamford Public Schools Safe Return to In-Person Learning

Anyone testing positive for COVID-19 should complete isolation according to the CDC Q/I Calculator [Quarantine and Isolation \(Q&I\) Calculator FAQ | CDC](#)